

# AMERICA'S BOATING CLUB

## Golden Isles



For Boaters, By Boaters™

### A monthly publication of America's Boating Club Golden Isles

#### Upcoming Events

##### May (SAFE BOATING MONTH)

- 16,24,25 - Boat Handling course
- 17- Club Social at Morningstar Marina
- 21 - Club cruise to Mud Cat Charlie's

##### June

- 14 - The Porthole distribution
- 18 - Club fishing charter with Capt. Brooks at Hampton Marina
- 24 - Club Cruise to Zachry's Roadhouse Restaurant on Jekyll Island

##### July

- 12 - The Porthole distribution
- 16 or 23 - Club Cruise to Plum Orchard
- 19 - Club Social

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### Commander's Message



Cdr Jerry Lamb

The curse of Blythe Island strikes again. Last month, I mused as to whether the Blythe Island cruise being canceled two years in a row was because of the weather or the destination. Turns out, neither! It was me that was jinxed. The day before the cruise, we went out for a little ride. As we pulled away from the dock, we had no depth reading because I failed the undocking checklist. We finished our little run, staying safely in very deep water. I decided not to go on the cruise although Charles' excellent GPX files would have kept me safe. We did make the picnic lunch at Blythe – by car. The picnic gathering reminded me of a main reason we all belong to the Club. The camaraderie of friends and the sense of adventure (even on an oft-travelled route) when we get to do it on the water.

My depth sounder incident, which Garmin fixed over the phone, turned out to be a software issue. But it reminded me of how much we have become dependent of our electronics, on and off the boat. Off the boat, not being able to reach Facebook is no big deal. On the boat, not knowing where you are or how much water you have can be more serious. Yes, iNavx on your phone is good, but do you have non-electronic backups, especially paper charts? I had taken to leaving my binder with smaller copies of local charts at home. I will rethink that and hope you also have a backup.

Sometimes the big paper charts get unrolled on the dining room table and see where we've been -- and not been. Blythe Island and some of the upcoming cruises fit into that "oft-travelled" routine (See the XO page for upcoming cruises). We NEED feedback from you on cruise planning. For instance, if you are willing to take a longer cruise, like the trip to St. Mary's last year, if you have a favorite journey that you take or any other thoughts, please let the XO know. For instance, a voyage to The Fish Dock, up the Sapelo River, has been mentioned. We are a boating club and getting on the water as a group is what we do.

We also learn. At my age, the synapses take some time to warm up, but the Boat Handling course has them firing on most cylinders. No matter how long you've been boating, there's more to learn and Charles and Mike have done it all. Hell, the stories alone are worth taking the course, but they always illustrate the point. We also had a docking demonstration the day after the docking class. The young man, who SEO Mike Moyer talks about on his page, made Cynthia and I rethink our entire docking process. We will have to do a lot of practice soon. Plan to take the course next time it's offered.

Of course, to continue enjoying the fun things and serving the community, you must be a member. Renewal is coming up for many of us this spring. I just talked about some of the activities that we enjoy. Those are the real reasons we belong, but Charles sent me a letter he received from his old Las Vegas squadron that shows additional savings that members enjoy. Check them out:

- \* 50% off USPS / America's Boating Club courses
- \* First class boating-ed mentors, tutors, study groups
- \* Lower watercraft insurance premiums
- \* Smart savings for [monitoring by BoatFix](#)
- \* Generous [DANBoater Travel Protection](#) family discount
- \* Crush towing costs, super USPS member savings with [BoatUS Membership](#)

Article continues on next page.

### Commander's Message Continued

- \* [Sea Tow](#) is another tow insurance that gives ABC members a discount
- \* Priority [Vessel Safety Check](#)
- \* Deductible nonprofit dues and donations - ask a tax advisor
- \* Fresh boating news provided by USPS / America's Boating Club

The weather's warmer and the sun shines later, I hope to see you all at the Morningstar social or on the water this month.

Jerry

### Member News

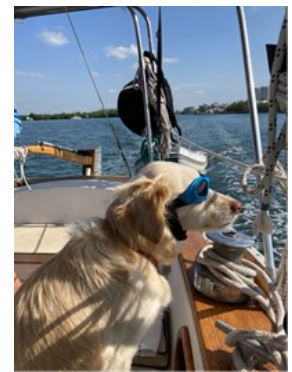
#### Terry Osman and Sweetie are Cruising Together on Willow for More Than a Month Now



Mary Chri Gray is a big part of the reason Sweetie dog is with me on this cruise. I'm glad she's with me as it turns out, but the heat is starting to be hard for her, and the inconvenience of finding places for her to do her business twice a day is complicating. But when I told Cree I wasn't sure about taking the dog, her advice was "of course you should take your dog, that's your family!" And she's right!

That was good advice. So I'm giving every chance for Sweetie to learn to enjoy the cruising environment. On hot days like today I'm not sure I'm doing the right thing by having her here. But she is adapting well and enjoying the smells and getting better with wakes and seems to enjoy watching the world go by from the cockpit.

Have a super day. -Terry



#### Sharon and Ricky Hindery are Honored for Their Conservation Efforts

Volunteers honored for conservation efforts



Submitted by Kathy Otto

The Fort Frederica Chapter of the National Society of the Daughters of the American Revolution recently presented the 2021-2022 Conservation Award to Rick and Sharon Hindery for their outstanding achievement of environmental awareness and outstanding commu-

nity volunteerism. Rick and Sharon Hindery set an example of working toward protecting and conserving coastal resources.

Pictured are **Nancy Neylans** of the conservation committee, from left, **Sharon and Rick Hindery** and **Stephanie Collett**, vice regent. Not pictured was Katy Smith, chair, conservation committee.

Image printed in *The Brunswick News* on May 2, 2022

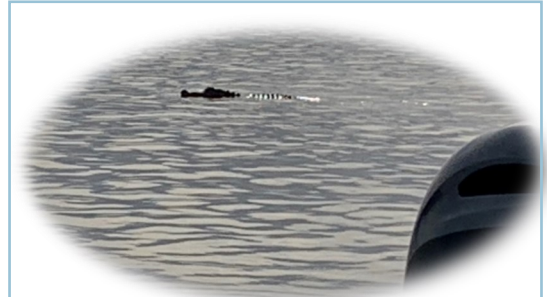
## Why We Love to Boat



XO Cynthia Lamb

I love my boat. There, I've said it. My boat makes me happy. It's worth every penny my husband spends on it.

Whenever we can get out on the water, we go. I'm excited every time I see a dolphin, alligator, bald eagle, roseate spoonbill, turtle, or really, any critter. I recently spotted a cute little mink swimming like the dickens toward the shore in the Hampton River. It was great! Every trip is different. Every trip is fun.



A recent alligator sitting in the Hampton River.

We know instinctively that being by or on the water makes us happier and reduces stress. Did you ever wonder why? In the book **Blue Mind: The Surprising Science that Shows How Being Near, In, On, or Under Water Can Make You Happier, Healthier, More Connected, and Better at What You Do**, author Wallace J. Nichols presents lots of scientific and anecdotal evidence of water's beneficial effect on us. According to Nichols, "the mere sight and sound of water promote wellness by lowering cortisol, increasing serotonin, and inducing relaxation."

I've often wondered why taking the same trip up and down the Hampton River or into Village Creek doesn't get boring. In **Blue Mind**, Nichols explains how nature, and water in particular can be both relaxing yet stimulating for the brain. Nichols writes, "In a natural environment, there is a high degree of statistical predictability because it is so much the same from moment to moment. The background is fairly controlled and a little dreamy...which allows part of the brain to relax. Against that background, the brain is continually looking for perturbation, for something that doesn't fit, something that moves, something that wasn't there before and that doesn't match with my representation of the landscape...When the brain sees a perturbation, it creates a sense of surprise and novelty." For me, looking for splashes, colors, or patterns I didn't expect (e.g., something moving on the bank), etc. is engaging and exciting. My brain really loves those moments.

We've been very busy lately with all sorts of commitments, trips, and appointments, so we haven't had much opportunity to get out on the water; only seven times in April – well below average. Then our depth sounder stopped working and the weather hasn't been good (is the wind ever going to die down?). Not only has my mood been suffering, but so has my tan.

Stuck in unbelievable traffic on Frederica Road the other day with my husband is not a recipe for calm and peace, but our moods did perk up when we heard this great song. We both loved it immediately. It's called **Buy Me a Boat** by Chris Janson. Some of you country music fans may know it (it was released in 2015), but for those who haven't heard it, here are some of the lyrics:

*I ain't rich, but I damn sure wanna be  
Workin' like a dog all day ain't workin' for me  
I wish I had a rich uncle that'd kick the bucket  
And I was sittin' on a pile like Warren Buffett  
I know everybody says money can't buy happiness*

*But it could buy me a boat  
It could buy me a truck to pull it  
It could buy me a Yeti I 10 iced down with some silver bullets  
Yeah, and I know what they say, money can't buy everything  
Well, maybe so  
But it could buy me a boat*

I doubt Chris Janson understands the neurological underpinnings of his desire for a boat (or even cares), but he definitely knows he needs to be out on the water; just like all of us in our club.

A few days later, my husband was able to fix the depth sounder (it was a software problem). I got over my aversion to choppy conditions and we got back on the water. Life is good again. I love my boat.

Cynthia

## Administrative Officer's Report - May



AO Eileen Berta

What a great turnout we had to welcome home the FOAR from Home team! See a few pictures on page 7. Thirty members and guests gathered at 1800 Restaurant to hear the guys tell their stories and anecdotes - some funny, some serious - and enjoy video and photos from the crossing. The team is taking some well-deserved R&R, but will be participating in some smaller local rows in support of Veterans causes and Special Olympics. Would they do it again? Their spouses were shaking their heads "NO"! FOAR from Home has exceeded \$900,000 in funds raised for the Cross the Line Foundation and K9s for Warriors, assuring a new mega-kennel will cut the waiting period and provide dogs to even more veterans. So proud of our ABC-GI members for sponsoring this worthy mission!

Our May Social will be a pot luck at the newly rebuilt pavilion at Morningstar Marina. Unfortunately, I will be out of town and not able to join you, but Ed Reynolds has kindly volunteered to be on-site coordinator that night. When considering what to bring, be aware that there is now a gas grill available, Morningstar just asks that you clean up after if you

use the grill. Ed has let us know that there are 16 chairs on the pavilion, you may want to bring your own chair if you need one to be assured of a seat.

### **May Social - Potluck at Morningstar**

**When:** Tuesday, May 17 at 6pm

Rain or Shine

Open to guests and prospective Members

**Where:** Morningstar Marina Pavilion (behind Coastal Kitchen), Marine Drive, SSI

**What can you Bring:** Last names A-R, please bring an entree or side dish

Last names S-W, please bring a dessert

Serving ware for your dish if needed

One member responsible for plates, napkins, plastic ware?

BYOB

**RSVP:** Since many have already let us know you will be traveling or unavailable on that date, we are asking that you **RSVP to Eileen ([eileenberta@gmail.com](mailto:eileenberta@gmail.com), 912-602-9500) by the prior Tuesday, May 10**, so a decision can be made whether to proceed and those preparing food can plan accordingly. Please include what you will be bringing and number of guests if any.

**If we do not have 10 attendees, we will cancel.**

**Day of Event Questions:** Ed Reynolds, [ejreynolds3@icloud.com](mailto:ejreynolds3@icloud.com), 423-341-2531

### **Upcoming schedule**

**June:** We have booked a club fishing charter with Captain Brooks Good on his 35 foot Trident Pontoon, leaving out of Hampton Marina on June 18th, 10am - 12pm. The cost is \$60 per person with everything you need included, paid by check to Cynthia in advance. Lunch will be planned for our return. **We will need a minimum of 12 members participating**, so we ask that you **let Cynthia or Eileen know by June 4th if you will participate**. If we don't have 12 members, we will open it to guests. This will be a combined cruise/social event. We will have no separate social in June, but a cruise to lunch at Zachry's Riverhouse Restaurant on Jekyll Island is scheduled for Friday, June 24.



**September:** The group tour of the Home Front (WWII) Museum has been rescheduled to September 20. This is an afternoon event (3pm) with dinner to follow. The group rate is \$9 per person. **The Museum requires a minimum of 10 attendees to conduct the tour.**

Eileen



## Club Education Officer Report



CEO Mike Moyer,

The long-awaited Boat Handling course is off and running and things are going well. The first three of the six sections in the course have been completed plus a very interesting On-The-Water demonstration was held at Hampton Marina.

Jerry and Cynthia Lamb volunteered their boat and arranged for a very experienced marina employee to show us some docking tricks he has learned after having docked hundreds of boats at the marina over the years. If you're looking for a good tutor to help with your skills, Garret Carlson, our instructor for the demonstrations was super. He has very recently left Hampton and is now working with the Freedom Boat Club where I'm sure he will be helping new members there with their boating skills.

Folks say that you can't teach an old dog new tricks, but even the saltiest of skippers could learn some things from Garret. During the Boat Handling course, we talk about how coming into a dock can be one of the most intimidating experiences a new boater can face. He expressed that same sentiment. The solution he shared and one that I often tell folks is practice, practice, practice. Find a dock on a "not busy" day and experience first-hand how your boat reacts against stiff wind and strong current. Especially take note of the controls and how much thrust is achieved in forward and reverse when "bumping" in and out of gear. That always becomes a major factor when going with or against current and wind. He had a bit of a smile when he admonished us to "learn where neutral is on the controls." No one wants to crash into another boat or into a dock but if you see that is going to happen the gears need to be in neutral—not in forward at 4000 rpm with you in panic mode.

Garret explained to us that when you move lots of boats in and out of slips every day, without assistance, that you really learn some line handling tricks that make the job easier and much safer. It's just a matter of planning ahead and having appropriate lines ready to quickly attach. Know the current. Know the wind. Know how the boat will react when you put it in gear. Know that happy hour will be much happier when you have a successful and non-eventful docking experience.

Mike Moyer, SN

Education Officer



***Knot training station built by Mike Moyer and Charles Wilsdorf. Cynthia took one home so she could practice. Notice her line flemishing? Photo by Cynthia Lamb.***

## Upcoming Cruises (May - August)

In order to give people more time to plan, I've laid out cruise ideas for the next 4 months. I'm always looking for inputs and ideas on cruises you all would like to take.

### May Cruise:

Our next cruise will be on Saturday, May 21. We will journey up the Mackay River to the South Altamaha for lunch at Mud Cat Charlie's. Mud Cats has indoor and outdoor seating. Our itinerary is as follows:

**WHEN:** Saturday, May 21

**WHERE:** Meet in Manhead Sound at the entrance to the Mackay River at noon.

**ROUTE:** Go north on the Mackay River to the South Altamaha River to Mudcat Charlie's at Two Way Fish Camp. Follow same route to return or explore the Frederica River (east off the Mackay; the entrance is between Day Beacons 228 and 229) on your way home. GPX files of the route will be provided.

**WHAT TO BRING:** Lunch money, bug spray, drinks, suntan lotion.

**BOAT RULES:** Maintain contact via VHF channel 72, max speed 20 mph in the Mackay, 15 mph in the South Altamaha.

**HOW TO SIGN UP:** Reply to Cynthia Lamb by text (860-908-5148) or email ([Cynthia.l.lamb48@gmail.com](mailto:Cynthia.l.lamb48@gmail.com)) by Wednesday, May 18. Let me know if you are bringing your boat or need a ride. All are welcome!

Commander Jerry and I will review the weather forecast on Friday afternoon. If we determine that it is not safe to proceed, you will be notified.

### June Cruise:

I know we said earlier that the June 18 fishing trip with Captain Brooks out of the Hampton River Marina would constitute both our social and cruise for June, but we thought it would be fun to have a "pop-up" cruise for lunch at Zachry's Riverhouse Restaurant on Jekyll Island. We are a boating club, right? We need to cruise!

This will be a weekday cruise. The plan is for Friday, June 24. Details will be forthcoming as we get closer to the date.

### July Cruise:

I'm very excited about this cruise. It was Ed Reynolds' suggestion: picnic lunch cruise to Plum Orchard Plantation on Cumberland Island. The Plum Orchard dock is the northern most public dock available on Cumberland Island. It is run by the National Park Service. It is a small dock, and boats are welcome to park where they find space. It is a short walk along the road to the Plum Orchard Mansion. This is a great entry point to access some of the trails that wind through the designated wilderness area on the island.

Here is a link if you want to check it out: <https://www.nps.gov/places/plum-orchard-dock.htm>

The entry fee is \$10 per person. If you have the Golden Passport national parks pass, the fee is waived for yourself and up to 3 riders.

The date for this cruise will be either July 16 or the 23rd. I'd like inputs from our cruisers on which date works best for them, so we can get this one planned soon.

### August Cruise:

This involves a cruise up the Hampton River and anchoring for an on-boat picnic. We will meet at Manhead Sound at the beginning of the Mackay River, then go north on the Mackay River until we reach the Hampton River entrance. We will follow the Hampton River up close to Pelican Spit, where we will anchor close together to picnic and socialize!

The date for this cruise will be either August 13 or the 20th. Again, I'd like inputs from our cruisers on which date works best for them, so we can get this one planned as well.

See you on the water!

Cynthia Lamb, Executive Officer

## Photos of April Social with FOAR From Home



*FOAR From Home Team Members tell us the stories of their 51+ day trip. Hupp Huppmann, from left, Paul Lore, Billy Cimino.*



*FOAR from Home members and their wives at dinner. From left, Billy Cimino, Katie Cimino, Paul Lore, Hupp Huppmann, LuLu Huppmann.*

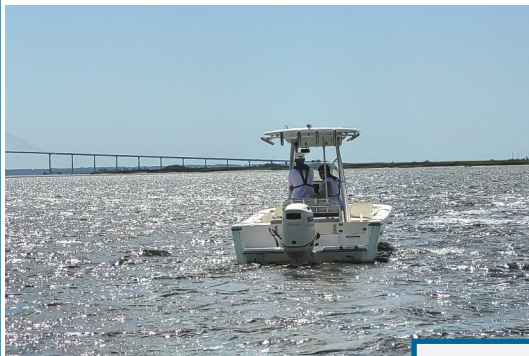


*Socializing before the speakers begin. The waitress told us to sit so she could take our drink orders, so we complied quickly!*





### April Turtle River Cruise and a Fishing Picture



*Turtle River Cruise - We saw a mixture of industry and private homes on this river. Clockwise from top left: Ed Reynolds and Cindy Simpson; Sea Scotty with David Jones, Stephanie Krause-Jones and guests; Little Hermitage Island dock and sea wall; Brunswick Cellulose Plant. Photos by Cathy Stortz*



*Do I wear a mask while fishing? No, it's just the dorsal fin of a black drum. -Cathy  
Photos by Joe Stortz*



## America's Boating Club of Golden Isles Calendar MAY - AUG 2022

### May (Safe Boating Month)

- 16, 24, 25 - Boat Handling course
- 17 - Club social at Morningstar Marina**
- 21 - Club cruise to Mud Cat Charlie's



### June

- 7 - Content for *The Porthole* due
- 14 - *The Porthole* distribution
- 18 - Club fishing charter with Capt. Brooks at Hampton Marina
- 24 - Club Cruise to Zachry's Roadhouse Restaurant on Jekyll Island



### 2022 Club Cruise Dates

- May 21 Mud Cat Charlie's
- June 18 Fishing Trip
- June 24 Jekyll Island
- July 16 or 23 to Plum Orchard
- Aug 13 or 20 to Pelican Spit

### July

- 5 - Content for *The Porthole* due
- 12 - *The Porthole* distribution
- 16 or 23 - Club Cruise to Plum Orchard
- 19 - Club social

### August

- 2 - Content for *The Porthole* due
- 9 - *The Porthole* distribution
- 13 or 20 - Club Cruise to Pelican Spit
- 16 - Club social



### America's Boating Club Golden Isles 2021-2022 Bridge Contact Information

|                         |                         |              |  |
|-------------------------|-------------------------|--------------|--|
| Commander               | Jerry Lamb              | 860 908-4678 | <a href="mailto:lambo50@icloud.com">lambo50@icloud.com</a>                   |
| Executive Officer       | Cynthia Lamb            | 860-908-5148 | <a href="mailto:cynthia.l.lamb48@gmail.com">cynthia.l.lamb48@gmail.com</a>   |
| Administrative Officer  | Eileen Berta            | 912 602-9500 | <a href="mailto:eileenberta@gmail.com">eileenberta@gmail.com</a>             |
| Club Education Officer  | Mike Moye, SN           | 229-454-6791 | <a href="mailto:mmoye@surfsouth.com">mmoye@surfsouth.com</a>                 |
| Secretary               | Whit Wright             | 404-697-7452 | <a href="mailto:whitpw@aol.com">whitpw@aol.com</a>                           |
| Treasurer               | Teresa Wilsdorf, S      | 912-265-9550 | <a href="mailto:tmwilsdorf@aol.com">tmwilsdorf@aol.com</a>                   |
| Asst. Education Officer | Charles Wilsdorf, SN-ON | 912-265-9550 | <a href="mailto:chaswi30@gmail.com">chaswi30@gmail.com</a>                   |
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| Member at Large         | David Jones             | 912 580-1041 | <a href="mailto:david.earl.jones@gmail.com">david.earl.jones@gmail.com</a>   |
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| Porthole Editor         | Cathy Stortz, AP        | 912-222-1038 | <a href="mailto:cstortz777@yahoo.com">cstortz777@yahoo.com</a>               |
| Website & Publicity     | Sharon Hindery, AP      | 630-323-1206 | <a href="mailto:sharona53@comcast.net">sharona53@comcast.net</a>             |



### HAPPY BIRTHDAY in May to Members:

James Bridges

Joe Stortz

Steve Druckenmiller

Betty Whisnant

Rick Hindery

Bruce Miles

### CONTRIBUTE TO OUR NEWSLETTER!

Please submit an article, picture, or even a link to a boating video that you feel other club members may enjoy. All newsletter content is due to Cathy Stortz [cstortz777@yahoo.com](mailto:cstortz777@yahoo.com) by the first Tuesday of each month.



*The Porthole* is the official publication of America's Boating Club® Golden Isles sponsored by the United States Power Squadrons®. The National website is [www.americasboatingclub.org](http://www.americasboatingclub.org). Our Club website is [www.gisps.org](http://www.gisps.org). You may also follow us on Facebook at <https://www.facebook.com/GISPS/>.



Our Club is part of the world's largest recreational boating organization with more than 20,000 members. We learn together, boat together, and help each other and other boaters on the water and on land.

Consider joining our Club to:

LEARN boating skills

ENGAGE with boating friends

CONNECT with the boating community

The only requirements for membership are a keen interest in boating-related activities and an eagerness to meet like-minded people whether power, or sail, or paddle boaters; however, **you don't need a boat to join**. Contact us through our website or Facebook page if you would like more information.